

Too Overwhelmed to get started?
86 SIMPLE THINGS TO DECLUTTER

PICK ANY ONE CATEGORY IN A ROOM, SET A TIMER FOR 15 MINS AND DECLUTTER

CLOSET

- Odd socks (singles)
- Underwear with holes
- Old or loose Bras
- Old or stained t-shirts
- Extra buttons lying around
- Broken hangers
- Wire coat hangers
- Broken jewelry
- Single earrings
- Scratched sunglasses
- Old prescription spectacles
- Swimwear that's losing it's stretch
- Extra shoelaces
- Old or worn belts
- Worn out bags and wallets
- Stretched out hair ties

BATHROOM

- Old toothbrushes
- Old toileteries
- Empty shampoo bottles
- Expired cosmetics
- Old towels and sheets
- Old hair brushes
- Hair accessories you don't use or are rusted
- Dried up nail polish
- Broken mirrors
- Expired medicines or vitamins
- Unused perfumes/colognes
- Old travel pouches
- Old travel accessories
- Expired sunscreen
- Old band-aids

JUNK DRAWER

- Old coupons
- Take-out menus
- Old Receipts you won't need for taxes
- Paid bills
- Old tickets
- Boarding passes
- Old store loyalty cards
- Dead batteries
- Pens with dried or no ink
- Random Wires
- Old phone cases
- Nails and screws
- Keys with no locks
- Dirty lens cleaners
- Old lozenges or candy
- Earphones that don't work

OFFICE/DESK

- Old post-its
- Old notebooks
- Notebooks that have been lying around for too long
- Old calendars/planners
- Floppy drives
- Extra pens
- Old business cards
- Books you don't want
- Lanyards
- Nametags from conferences
- Non-functioning laptops or phones
- Chargers without gadgets

PANTRY/KITCHEN

- Expired food
- Broken food containers
- Broken/chipped cups and glasses
- Old disposable cups
- Old/rusted knives
- Lids with missing containers
- Bottles with missing caps
- Broken china
- Take-out menus
- Kitchen electronics that don't work anymore
- Old cookbooks
- Excessive pair of scissors

EVERYTHING ELSE

- Old travel brochures
- Scratched CDs
- Empty CD cases
- Past newspapers
- Unread/Old magazines
- Broken/old photo frames
- Old art supplies
- Old cards
- Burnt Candles
- Old Folders
- Old Print-outs
- Used/ripped envelopes
- Gifts you don't like
- Extra deck of cards
- Unused vases

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